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you've got this

THE BRIDAL *survival* GUIDE

Everything I tell my brides before the big day, from how to prep your skin and hair to what your morning actually looks like.

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first things first

BEFORE THE *day*

The best wedding mornings are the ones we prepared for weeks ago. None of this is complicated, and all of it makes a difference to how your hair and makeup sit and last.

THE WEEK BEFORE

- This is not the time to try a new skincare routine. Stick to what your skin knows.
- Moisturise, moisturise, moisturise. Hydrated skin holds makeup far better.
- If you are having a facial or a wax, book it at least a week ahead, not the day before.
- Drink water like it is your job. It shows up in your skin.

THE NIGHT BEFORE

- Wash your hair the night before, not on the morning. A day-old blow-dry holds a style far better.
- Work a little mousse in before you dry it. Not too much.
- Lay out your robe or a button-up shirt, so nothing has to come off over your head.
- Charge your speaker and set up the playlist. The mood in the room matters more than you think.

ON THE MORNING, BEFORE I ARRIVE

Come with a clean face, no makeup on, and your contacts already in. Moisturise as you normally would. Everyone being ready when I arrive is the single biggest thing that keeps us on schedule.







the big morning

WHAT YOUR MORNING *looks like*

Here is a real timeline from one of my weddings: two bridesmaids, the mom and the bride, with the ceremony at two. Timings are style dependent, and yours gets built back from your ceremony time, so the order and times will be your own.

08h30	I ARRIVE AND SET UP	Table and chair near a plug, mirror, good light
08h30	BRIDESMAID ONE	Makeup, about 45 minutes
09h15	BRIDESMAID TWO	Makeup, about 45 minutes
10h00	MOM	Hair and makeup, about an hour
11h00	YOU	Hair and makeup, about 90 minutes
12h30	DRESS, PHOTOS, FINAL CHECK	Time to spare before you walk out

WHAT I NEED IN THE ROOM

A table and a chair, near a plug point, with a mirror and the best light in the house. Natural light by a window is perfect.

WHY THE BRIDE GOES LAST

Your girls go first so they are glam and free to help you. You are last in the chair, so your look is at its freshest walking down the aisle.

A NOTE ON TIMING

We need to start at the time we agreed. If the morning runs late because of other vendors or the party, I adjust the services and the number of faces so you still walk out on time. Services that cannot be done are not refunded, which is why the schedule matters so much.

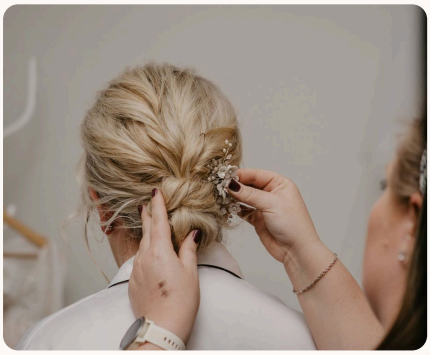
RUNNING THE DAY WITH A BIGGER PARTY

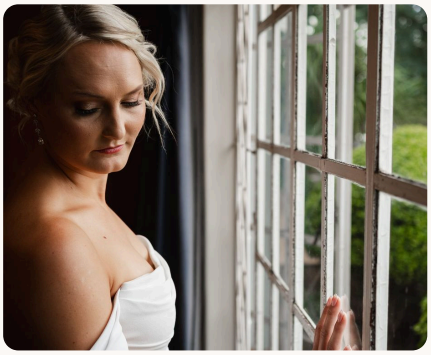
For larger bridal parties I bring an assistant, so everyone is still ready in time and nobody sits around waiting. Tell me how many of you there are when you enquire and I will build the timeline around it.

a few things I always say

TIPS FROM *me*

- Hydrate, then hydrate some more. I cannot stress this enough.
- Eat something. You cannot do the whole day on an empty stomach, and I promise a decent meal will not change how the dress fits.
- Bring a Bluetooth speaker with familiar favourites. It keeps the morning fun and light.
- Wedding days can be intense, but you are surrounded by professionals who do this every weekend.
- Pop your lipstick in your bag for later, and let someone else carry it down the aisle.
- The day goes by in a flash. Slow down, be present and take it all in.







see you on the day

LET'S GET YOUR DATE *in the diary*

Send me your date, your venue and how many of you need hair or makeup, and I will come back with a quote.

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